

Teen Mental Health Books

Created by **Teens**



This is me trying

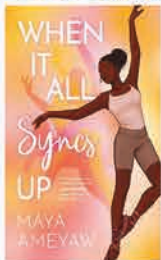
Racquel Marie.

YA MAR



Forever is now

YA LOC



When it all syncs up

Maya Ameyaw.

YA AME



We Are All So Good at Smiling

YA MCB



I have lost my way

by Gayle Forman.

YA FOR



History is all you left me

Adam Silvera.

YA SIL



All my rage

Sabaa Tahir.

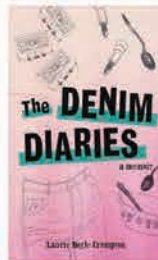
YA TAH



The astonishing color of after

Emily X.R. Pan.

YA PAN



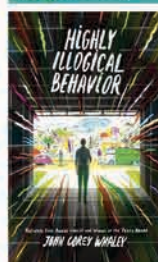
The denim diaries

YA B CROMPTON CRO



The Highly Sensitive Teen

YA 152.4 NOR



Highly illogical behavior

John Corey Whaley.

YA WHA



The beauty that remains

Ashley Woodfolk.

YA WOO



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Chaos Theory

Nic Stone.

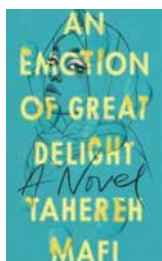
YA STO



Ab(solutely) normal

Edited by Nora Shalaway Carpenter and Rocky Callen.

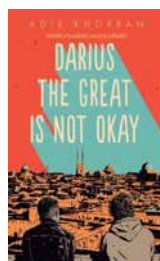
YA ABS



An emotion of great delight

Tahereh Mafi.

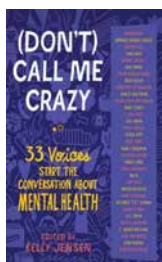
YA MAF



Darius the Great is not okay

Adib Khorram.

YA KHO



(Don't) call me crazy

edited by Kelly Jensen.

YA 616.89 DON



Eliza and her monsters

Francesca Zappia.

YA ZAP



Every last word

Tamara Ireland Stone.



How it feels to float

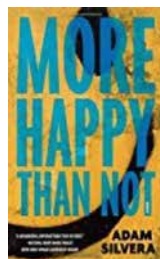
Helena Fox.

YA FOX



The lucky ones

Liz Lawson.



More happy than not

Adam Silvera.

YA SIL



The silence that binds us

by Joanna Ho.

YA HO



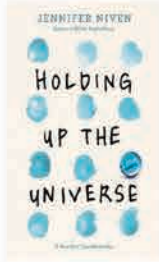
Summer Bird Blue

Akemi Dawn Bowman.

YA BOW

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Holding up the universe

Jennifer Niven.

YA NIV



All the bright places

Jennifer Niven.



It's kind of a funny story

Ned Vizzini.



The surprising power of a good dumpling

Wai Chim.

YA CHI



Verona comics

Jennifer Dugan.

YA DUG

